

Lunch Menu

Commack Elementary Schools

March
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

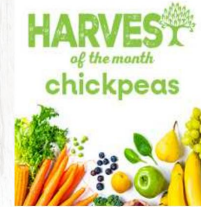
Monday

Tuesday

Wednesday

Thursday

Friday



1 Classic Cheese Pizza
Steamed Carrots
Broccoli Florets
Fresh Orange
Diced Pear Cup

4 Cheesy Stuffed Bread Sticks
With Marinara Sauce Dip
Sweet Corn
Cucumber Coins
Fresh NY Local Apple
Diced Peach Cup



5 Two Cheese Grilled Cheese
Steamed Broccoli
Fresh Baby Carrots
Fresh Pear
Diced Peach Cup

IT'S STUDENT APPRECIATION DAY

6 Homemade Baked Pasta with Cheese
Green Beans
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Pear Cup

7 Homemade French Toast
Turkey Sausage Patty
Baked Beans
Crispy Potato Puffs
Fresh Pear
Mixed Fruit

Guest Chef Chris!

8 Classic Cheese Pizza
Steamed Carrots
Broccoli Florets
Sliced Oranges
Diced Pear Cup



Find the sticker on the bottom of the milk and receive a free smart snack

11 Pizza Bagel
Sweet Corn
Cucumber Coins
Fresh NY Local Apple
Diced Peach Cup



12 Mozzarella Sticks
With Marinara Sauce Dip
Steamed Spinach
Fresh Baby Carrots
Fresh Pear
Diced Peach Cup



13 Fluffy Whole Grain Pancakes
With Egg Patty
Green Beans
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Pear Cup

BRUNCH FOR LUNCH TODAY!

14 Chicken Nuggets
With Whole Wheat Dinner Roll
Confetti Garbanzo Bean Salad
Crispy Potato Puffs
Fresh Pear
Mixed Fruit

HARVEST

15 Classic Cheese Pizza
Steamed Carrots
Broccoli Florets
Sliced Oranges
Diced Pear Cup



18 Cheesy Stuffed Bread Sticks
With Marinara Sauce Dip
Sweet Corn
Cucumber Coins
Fresh NY Local Apple
Diced Peach Cup



19 Homemade Baked Pasta with Cheese
Steamed Spinach
Fresh Baby Carrots
Fresh Pear
Diced Peach Cup



20 Fluffy Whole Grain Waffles
With Light Mozzarella Cheese Stick
Green Beans
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Pear Cup

BRUNCH FOR LUNCH TODAY!

21
1/2 Day -
No Lunch
Served

22
1/2 Day -
No Lunch
Served

25 Homemade Mac & Cheese
Cauliflower Popcorn
Cucumber Coins
Apple Slices
Diced Peach Cup



26 Soft Tacos
Steamed Broccoli
Fresh Baby Carrots
Fresh Pear
Diced Peach Cup

Lucky Tray Day!

27 Fluffy Whole Grain Pancakes
With Light Mozzarella Cheese Stick
Green Beans
Chilled Red Pepper Strips
Fresh NY Local Apple
Diced Pear Cup

BRUNCH FOR LUNCH TODAY!

28
SPRING
BREAK!
SCHOOL
CLOSED

29
SCHOOL
CLOSED
TODAY

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

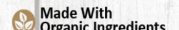
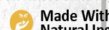
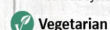


Food Service Office
631-912-2172
Reimbursable Lunch
\$2.95
Reduced Lunch \$0
Milk \$.75

PLEASE REPORT ALL ALLERGIES TO THE SCHOOL

NURSE. Allergy info is updated in our

schools system through the Nurse's Office only



Lunch includes protein, grain, vegetable, fruit and milk choice:
FF chocolate, FF white or 1% white.

AVAILABLE DAILY:

Popcorn Chicken, PBJ Sandwich, Turkey Sandwich, Cheese Sandwich, Bagel w/cheese stick, Cereal Lunch. Fruity Parfait offered on Wednesdays.